

Nedan följer en kort presentation av Ann Hackmann och Emily Holmes båda verksamma vid Oxford Cognitive Therapy Centre



Ann Hackmann is particularly known for her pioneering research, writing and teaching on the role of imagery and memory in the anxiety disorders. She has also worked extensively on treatment trials of panic disorder, agoraphobia, social phobia and PTSD in the Oxford University Department of Psychiatry. She is an editor of the Oxford Guide to Behavioural Experiments in Cognitive Therapy; and in 2002, BABCP members voted her one of the most influential female cognitive therapists in Britain.



Dr Emily A. Holmes is a Clinical Psychologist with a PhD in Cognitive Neuroscience. She is Wellcome Trust Clinical Fellow at the University of Oxford's Department of Psychiatry, UK. Dr. Holmes is known for her clinical interest and research in mental imagery - particularly trauma memory, with current work also reaching into depression and bipolar disorder.

Emily trained as a Clinical Psychologist in London, UK. She worked The Traumatic Stress Clinic, Charlotte Street, London from 1999-2005. Since 2005 she has been based at Oxford University Department of Psychiatry. She is CBT therapist and served on the Board of the British Association of Behavioural and Cognitive Psychotherapy (BABCP), 2004-2007. In Oxford she is the Chair of Examiners for the Advanced course in CBT, Oxford Centre for Training in Cognitive Therapy.

Emily's present research in experimental psychopathology seeks to understand cognitive mechanisms underlying distress across psychological disorders. In particular she is interested in the impact of mental imagery on emotional processing, and the impact of processing biases in the way people interpret information. Dr Emily Holmes holds several research grants in the UK, including from the Royal Society, Wellcome Trust and ESRC. At Oxford, she has established a research team "EPACT" (Experimental Psychopathology and Cognitive Therapy). For further details of her publications see:

http://www.psychiatry.ox.ac.uk/epct/publications/index_html

For further information on Dr. Emily Holmes, her team's work please visit:

http://www.psychiatry.ox.ac.uk/epct/emily_holmes